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[Sample from the book](#)



[TikToks from the journey](#)



Hi-res photos attached

1st Book in the World about WWOOFing across Ireland!

memoir/solo female budget travel/sustainability/Irish studies/intergenerational/farms/bikes/aging

Book Overview

Title: Round Ireland with a Duck (sequel to Round America with a Duck — [click here for media coverage](#))

Author: Pattie Baker, in search of roots . . . and wings

Description: A 1960s child (now a 61-year-old married American empty-nester) sets off on a \$20-a-day journey across Ireland — during the 100th year anniversary of her Irish grandparents' arrival on US soil — to reclaim her wild, break an intergenerational curse, and leave a legacy for generations to come. All while volunteering on farms and trusting the journey via buses, trains, and bikes, as her silly duck spreads joy in yet another country-at-a-crossroads. Don't miss this witty, soulful coming-of-sage story. Warning: may inspire you to "find your wild" again, too.

Launch date: 9/1/25 globally on Amazon; expanded distribution to follow

Formats available: Paperback, eBook

ISBN: 979-8-2904-8476-1

Author bio: An experiential journalist, Pattie Baker immerses herself in hands-on sustainability stories for corporations, nonprofits, and magazines. Other books include *Food for My Daughters*, *Traveling at the Speed of Bike*, and *Bucket List*. A native New Yorker and mother of two grown daughters, she lives in Metro Atlanta with her husband — and duck. She rides bikes everywhere.



Global Potential: The Irish Book Audience



Over 70 million people worldwide claim Irish ancestry (Ireland's Department of Foreign Affairs), with 31.5 million of them Irish-Americans (US Census 2020) and the rest predominantly in the U.K., Canada, Australia, and New Zealand. Diaspora readers are 60% more likely to buy Irish-themed books (IrishCentral survey).



The Irish population is approximately 7 million people. The book market in Ireland grew 9.4% in 2023 (Nielsen BookScan). Irish readers buy more books per capita than most European countries.

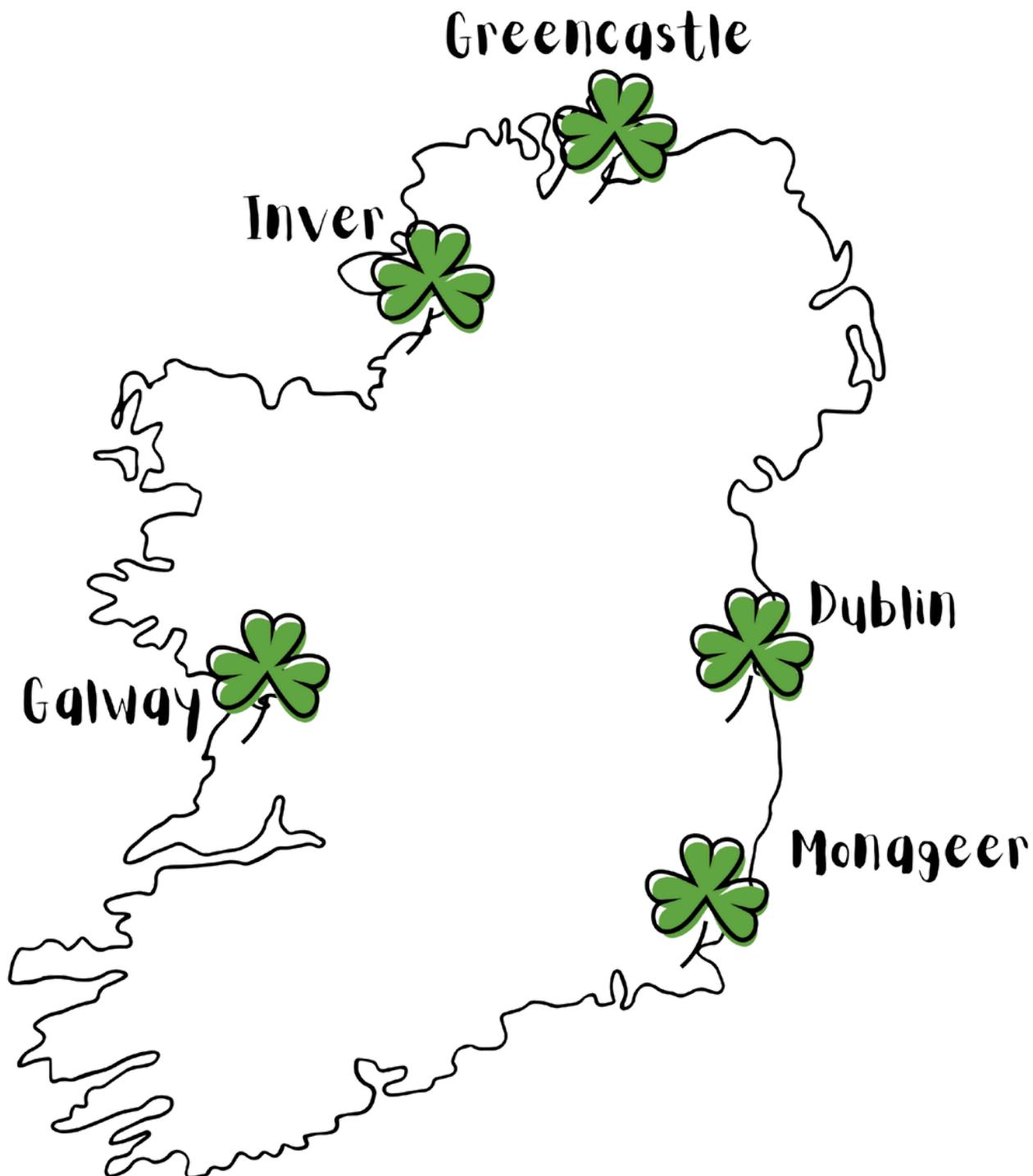


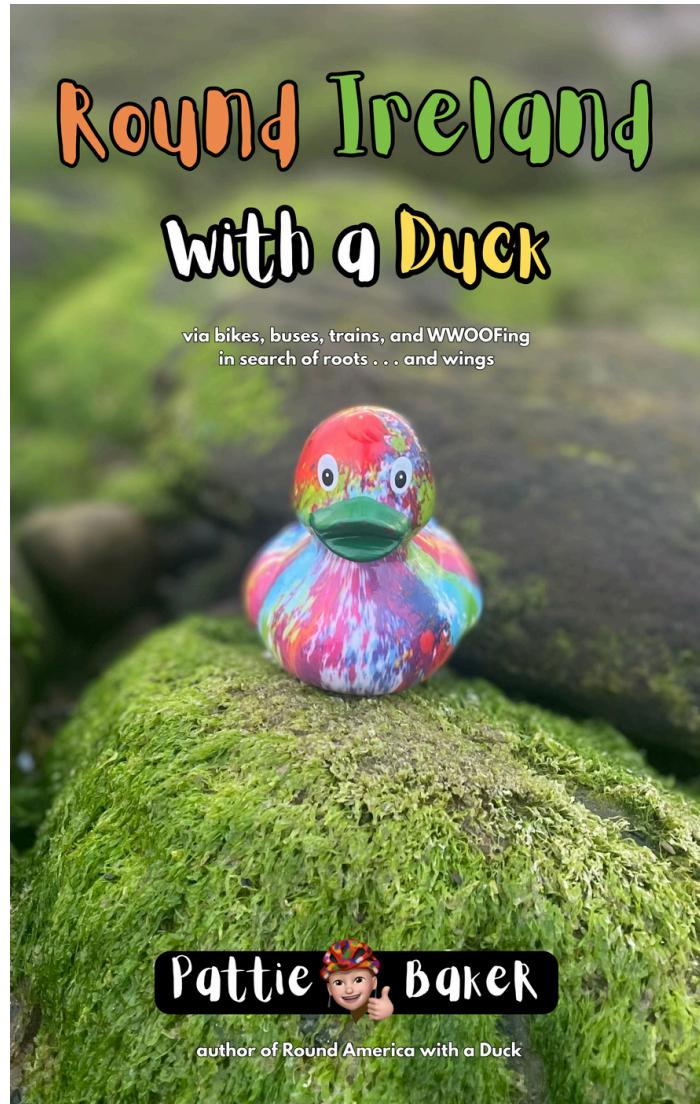
Readers crave memoirs focused on heritage, emigration, rural life, Irish history (Famine, Independence, Troubles), nature writing, eco-spirituality, women's and multigenerational narratives, Irish language, folklore, and mythology. Emerging trends: diaspora “return” narratives, rewilding, land and language reclamation, Celtic ecological storytelling, and healing intergenerational trauma through storytelling. Round Ireland with a Duck touches on all of this through both lived and learned experience.



The journey Round Ireland with a Duck took 40 days via bikes, buses, trains, and volunteering 150 hours on organic farms as a 61-year-old solo traveler.
It is one woman's legacy project to reclaim her wild and blaze a future path for generations to come.

May it inspire others to seek their roots — and wings — as well.





Book Club Discussion Guide



Have you ever answered a calling?

What's the boldest journey you've ever taken—physical, emotional, or spiritual? What pushed you to do it, and how did it change you? Did *Round Ireland with a Duck* stir a calling you've been ignoring?



Would you dare to let go?

The author lets go of comfort, certainty, and even an old family curse. If you could release one thing—a fear, habit, belief, or even an old story about yourself—what would it be, and what might that make room for?



Trust the Journey?

The author often speaks about "trusting the journey." What does that phrase mean to you, especially in today's uncertain and troubled times? Have you ever experienced a moment when trusting the journey led to an unexpected—but ultimately meaningful—outcome?

